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Philistion of Locri

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Philistion of Locri (**Greek**: Φιλιστίων) was a [physician](#) and writer on [medicine](#) who lived in the 4th century BC.

He was a native of [Locri](#) in [Italy](#),^[1] but was also referred to as "the Sicilian."^[2] He was tutor to the physician [Chrysippus of Cnidos](#),^[3] and the astronomer and physician [Eudoxus](#),^[4] and therefore must have lived in the 4th century BC. He was one of those who defended the opinion that what is drunk goes into the [lungs](#).^[5] Some ancient writers attributed to Philistion the treatise *De Salubri Victus Ratione*,^[6] and also the *De Victus Ratione*,^[7] both of which form part of the Hippocratic collection. By some persons he was considered one of the founders of the [Empiric school](#).^[8] He wrote a work on *materia medica*,^[9] and on *Cookery*,^[10] and is several times quoted by [Pliny](#),^[11] and [Galen](#).^[12] [Oribasius](#) attributes to him the invention of a machine for restoring [dislocations](#) of the [humerus](#).^[13]

A brother of Philistion, who was also a physician, but whose name is not known, is quoted by [Caelius Aurelianus](#).^[14]

Notes

[[edit source](#)]

- ↑ [Galen](#), *De Meth. Med.*. i. 1, vol. x; [Rufus of Ephesus](#), *De Corp. Hum. Part. Appell.*; [Plutarch](#), *Symposium*, vii. i. 3; [Aulus Gellius](#), xvii. 11. 3
- ↑ [Diogenes Laërtius](#), viii. 86, 89
- ↑ Diogenes Laërtius, viii. 89
- ↑ [Callimachus](#) ap. Diogenes Laërtius, viii. 86
- ↑ Plutarch, *Symposium*, vii. i. 3; Aulus Gellius, xvii. 11. 3
- ↑ Galen, *Comment. in Hippocr. De Rat. Vict. in Morb. Acut.*, i. 17, vol xv., *Comment. in Hippocr. Aphor.*, vi. 1, vol. xviii. pt. i.

- ↑ Galen, *De Aliment. Facult.*, i. 1. vol. vi.
- ↑ *De Subfig. Empir.*, c. 1, vol. ii
- ↑ Galen, *De Succed.*, init. vol. xix.
- ↑ [Athenaeus](#), xii. 516
- ↑ [Pliny](#), *H. N.* xx. 15, 34, 48
- ↑ Galen, *De Nat. Facult.*, ii. 8, vol. ii., *De Usu Respir.*, c. 1, vol. iv., *De Meth. Med.*. i. 3, ii. 5, vol. x.
- ↑ [Oribasius](#), *De Machinam.*, c. 4
- ↑ [Caelius Aurelianus](#), *De Morb. Chron.*, iii. 8, v. 1

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